

TREATING PAIN SAFELY:

An Update for Prescribers



TUESDAY, JANUARY 26, 2021

THIS IS A FREE PROGRAM, BUT YOU MUST REGISTER TO ATTEND!

LOCATION Join via live webinar (Zoom)
DATE Tuesday, January 26, 2021
PROGRAM 9:00 am–12:15 pm

FACULTY

Shuchin Shukla, MD, MPH, is a faculty physician and Opioid Crisis Educator at Mountain Area Health Education Center Family Residency Program in Asheville, NC. He also serves as an associate clinical professor in the Department of Family Medicine at the School of Medicine, University of North Carolina in Chapel Hill. He is the principal investigator for the grant funded project "Building Access to Care Through Community Health Centers to Treat Opioid Use Disorder/Establishment of North Carolina Regional Addiction Medicine Programs."

Dr. Shukla completed medical school and public health school at Tulane University and completed a residency in family medicine at Montefiore Medical Center in the Bronx, New York. He worked in the South Bronx for 5 years following residency, providing primary care for adults and children, as well as for adults living with HIV. He also served as medical director for Montefiore Project INSPIRE, a primary care based Hepatitis C treatment program. His clinical and academic work focus on HIV, Hepatitis C, transgender health, substance use disorders, marginalized populations, and population health. He was born and raised in New Orleans, Louisiana.

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This program is for providers in Alexander, Buncombe, Caldwell, Henderson, Madison, McDowell, Mitchell, Polk, Rutherford, Transylvania, and Yancey counties.

DESCRIPTION

In recognition for specific education on opioid use disorder (OUD) and innovative treatment for chronic and/or acute pain, this new workshop will provide updated information on evidenced-based treatment modalities including non-opioid alternatives to pain management. Medical providers will gain tools to reduce the risk of opioid overdose, treat pain safely and the skills to screen and treat substance use disorders (SUDs) in a patient-centered way. Participants will gain knowledge on:

- Updated tapering recommendations for patients on chronic opioid therapy
- Enhanced information on harm reduction strategies
- Emerging data of postoperative pain management for patients with OUD
- Addressing stigma and bias that prevent patients from receiving the best care

This program was designed to satisfy, in full, The North Carolina Medical Board's CME requirement for controlled substance prescribers. Per NCAC rules: As of July 1, 2017 all physicians (other than residents), physician assistants, nurse practitioners, podiatrists, and dentists who prescribe controlled substances must satisfy the controlled-substance prescribing CE requirements as set forth by their licensing boards; requirements vary by discipline and board. This program has been approved by the North Carolina Veterinary Medical Board as meeting the CE requirement on the abuse of controlled substances for veterinarians and veterinary technicians.

MAHEC engages in evaluation activities to better understand the impact of our programs. By registering for this course, you agree that we may use your personal information in evaluative research regarding this program. Any reports published will be de-identified and reported in aggregate format.

By registering for this workshop, you are granting permission for your contact information to be shared with RHA Health Services, PATH, Mitchell/Yancey Substance Abuse Task Force and the Governor's Institute which are collaborating and/or supporting partners of this continuing education activity.

OBJECTIVES

Upon completion of this knowledge based educational activity, participants will be able to:

- Describe and examine the impact of the opioid crisis
- Identify and apply the CDC guidelines for prescribing opioids for acute and/or chronic pain
- Summarize and apply the STOP Act of 2017
- List and differentiate the opioid alternatives for acute and chronic pain
- Discuss the effectiveness of medication-assisted treatment
- Interpret how stigma and bias create barriers to effective treatment of opioid use disorder (OUD)

AUDIENCE

The program is recommended for physicians, physician assistants, pharmacists, nurse practitioners, and podiatrists. This program is also suitable for veterinarians and veterinary technicians.

PROGRAM AGENDA

- 9:00–9:15** Current State of the Opioid Epidemic
- 9:15–10:05** Understanding Pain: Acute, Chronic, and the Effectiveness of Common Pain Medications
- 10:05–10:40** A Renewed Look at Pain Management
- 10:40–10:55** Break
- 10:55–11:45** Substance Use and Opioid Use Screening and Treatment
- 11:45–12:15** Communication Strategies to Reduce Stigma, Bias, and Harm When Working with Patients with a Substance Use Disorder

CREDITS

Continuing Medical Education

Accreditation: Mountain Area Health Education Center (MAHEC) is accredited by the North Carolina Medical Society (NCMS) to provide continuing medical education for physicians.

Credit Designation: MAHEC designates this live activity for a maximum of **3.0** AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosure Statement: MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

Pharmacists: The University of North Carolina Eshelman School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program 0046-9999-20-031-L01-P will provide **3.0** Contact Hours of continuing education. No partial credit will be given.



Credit statements can be viewed and printed from CPE Monitor. In order to receive CE credit, attendance must be acknowledged at the registration desk upon arrival at the program. Participants will evaluate this program using a standard evaluation form.

CEUs: MAHEC designates this live continuing education activity as meeting the criteria for **0.3** CEUs as established by the National Task Force on the Continuing Education Unit.

Contact Hours: MAHEC designates this live continuing education activity as meeting the criteria for **3.0** contact hours.

COMMITTEE MEMBERS

- Bryan Austin** | RHA Health Services Asheville, NC
Carriedelle Fusco, RN, MSN, FNP-BC | MAHEC Asheville, NC
Karen Lambert | MAHEC Asheville, NC
Erin Major, BA | MAHEC Asheville, NC
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Courtenay Wilson, PharmD, BCACP, BCPS, CDE, CPP | MAHEC Asheville, NC
Kendall Wood, BS | Governor's Institute Raleigh, NC

[CLICK HERE TO REGISTER](#)

REGISTRATION FORM

Updated contact information.

NAME _____

CREDENTIALS _____

SOCIAL SECURITY # XXX-XX- _____ (last 4 digits required)

OCCUPATION _____

EMAIL ADDRESS _____

HOME ADDRESS _____

CITY _____ STATE _____ ZIP _____

HOME COUNTY _____

HOME # _____ WORK # _____

EMPLOYER _____

DEPARTMENT _____

EMPLOYER'S ADDRESS _____

CITY _____ STATE _____ ZIP _____

WORK COUNTY _____

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

Send completed registration form to: #64472

MAHEC Registration

121 Hendersonville Road, Asheville, NC 28803 **Fax:** 828-257-4768

MAHEC assumes permission to use audio, video and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.

HAVE A QUESTION?
Contact the Program Planner

Karen Lambert

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